

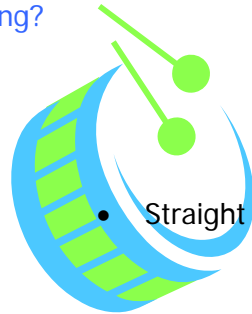


Practice Tips, Goals & Suggestions

Pick one area and concentrate on it. Address each issue fully striving for perfection each time. Use one area a day or week depending on progress.

Pulse

- Practice with a metronome at different tempos
- Tap your feet in time
 - Down on downbeats
 - Up on upbeats
- Breath in time (say *How* – low and deep)
- Start each note exactly in time
- Subdivide long note values
- Can I feel the tempo inside me?
- Am I in pulse all the time?
 - Rushing or slowing?

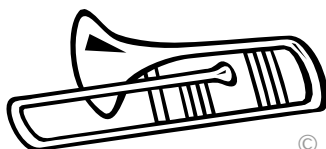


Fundamentals

- Posture (sit tall, feet flat)
- Check embouchure set-up
- Constant, steady, smooth air-stream
 - or \longrightarrow
- Start sound in time, immediately
 - Constant and consistent tone
 - Open and warm sound
 - Relaxed shoulders and throat
 - Every note sounds the same
- End sound in time, immediately
 - Is my posture good?
- Does every note sound the same?
- Do I like the tone I am making?

Style

- Touching/Tenuto = 100% Sound
- Long Lifts = 75% Sound, 25% Silence
- Staccatos = 50% Sound, 50% Silence
- Articulate each note as written
 - Same spot every time
- Even volume between notes
- Light/Fast tongue
- Don't move anything after articulations
- Can I hear sound vs. silence?
- Do all my articulations sound the same?



Musicianship

- Observe dynamics
 - Phrase Markings
- Expand dynamic range
- Does it sound like music?